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The Tower

Cahaba Heights UMC

October 2012

Letter from the Pastor

As you read this I hope you are enjoying the very first feelings of beautiful fall weather. It has been wonderful to walk out in the mornings and feel that simple crispness in the air. I hope each of you enjoys fall as much as I do.

We are about to enter an amazing three months in the life of Cahaba Heights UMC; there is something for everyone. I always feel a little overwhelmed when we meet to discuss Trunk or Treat. Once October gets here there is no slowing down until the holidays are behind us.

May I ask everyone a simple question? Please make it a point to participate in as many activities as

possible. The more things we do together the more we grow as a family. An event like Trunk or Treat may be geared for children but it takes all ages to make it a tremendous success. Plan now to do something that surprises even you. When was the last time you ate cotton candy, had your face painted, invited a friend to the Thanksgiving dinner, listened with your friends to the sounds of the Christmas music and then celebrated before we know it the birth of a King? It's going to be busy but hang on; the ride will be worth it I assure you.

Colossians 1:28 will be the verse I strive to make a daily part of my life. I hope

you will join me in this over the next few months. It is called the PAT approach. Proclaim the gospel, admonish, and teach all around you in wisdom. It really does not get any easier than that. It is my prayer that during these next ninety days we wear ourselves out proclaiming the gospel.

I hope you find time to count your blessings, enjoy the weather and I hope your football team whoever it might be is winning. Pray for our church as you read this. Our church needs every prayer that is said on her behalf.

Have a great month, See you Sunday!! -Rusty

Trunk-or-Treat

Once again it's time to welcome all the little ghosts and goblins (and the Big ghosts and goblins, too!) to our annual Trunk-or-Treat! This is a fun-filled, safe Halloween experience that will take place from 5:00-7:00 pm on October

31st. Everyone is welcome to come decorate your car trunk and bring plenty of treats. Can't you just taste the Men's Club grilled hot dogs and Carroll Gardner's delicious Gumbo? Come join the fun and bring a friend! Please use the sign-

up poster in the Narthex to reserve your parking space. If you can't join us at the event, you can still donate candy by putting it in the donation box in the Narthex.

See you there! -Ms. Jana



Young Adults/Senior Adults to Begin Regular Meetings

With the return of our fall programming, the young adults and senior adults will begin meeting regularly again. The **Young Adults** will meet every Sunday night at 5:00 pm. We will have a snack supper and then group fellowship and Bible study until 6:30 pm. Our kids and youth meet at the same time and Nursery is available.

The **Senior Adults** will meet once a month, every second Tuesday of the month. Our first meeting

will be October 9th. We will gather in the Fellowship Hall at 10:30 am, enjoy group singing and a short devotional, and then have a program together. Afterwards, please plan to stay for a lunch.

Our first program will be a fun one— Painted By U is coming to help us enjoy designing and painting a craft. No experience or artistic talent is needed! Just show up and enjoy a great time. Look for details about the

small cost of this event in your bulletin, and mark your calendars for the second Tuesday of every month at 10:30 am!

Also, senior adult ladies should remember Ladies -Who-Lunch, Rusty's monthly lunch get-together. The date of the lunch will be announced in the bulletin every month, but plan to meet at the church at 10:45 am to travel to a fun location for lunch. Please call the church office with any questions.

*“The things,
good Lord,
that we pray
for, give us
the grace to
labour for.”*

*-St. Thomas
More, 1478-
1535*

Christmas Shoeboxes

We need shoeboxes!!! Please bring as many shoeboxes as you can to the church between now and October 28th. We will wrap the shoeboxes during fourth Sunday

lunch. After they are wrapped, you can either take your shoeboxes back and fill them with items from a list of needed products and toys, or you can donate \$20 and the

church will fill and get the boxes ready for you. Once filled, the boxes will go to Samaritan's Purse, which distributes them to children in need during Christmas. We hope you can help!

Join the Cahaba Mamas!

Please join us in supporting the Susan G. Komen Race for the Cure on Saturday, October 20th by joining our team! We will meet at CHUM at 7:30 am and travel to Linn Park to participate in the pre-race activities. You can choose to walk, run, or sleep-in for the actual race.

To sign up just go to www.komenNCalabama.org and click on Teams/Join Team/Cahaba Mamas. The \$30.00 registration fee includes a t-shirt and helps the organization. Plus by joining Cahaba Mamas, you show support for and get to know our preschool parents, families, and teachers! You can also

visit the website to make a donation if you would like to help but do not want to participate. If you have any questions, please email jboyle3265@bellsouth.net. If you sign up by October 5th, our team captains can pick up your race packet for you. Thank you!

Team captains: Mrs. Jennifer Boyle & Mrs. Lisa Lowe



October Birthdays

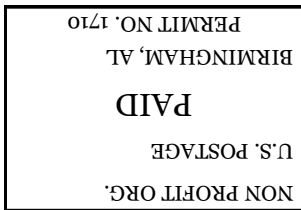
- 2- Irona Glasgow
- 4- Betty Sanders
- 6- Jack Maze
- 8- Richard Johnson, Jennifer Williams
- 10- Houston Johnson
- 18- Patti Gardner
- 19- Anna Scofield
- 24- Janette Marshall, Wendy Tootle
- 27- Sarah Scofield, Beth Cook
- 28- Bill Stewart, Lauren Hobart
- 30- Dana Crisson, Lisa Harbison
- 31- Delane Parris, Shane Boyle

October Menus

- 10/3: ham, potato salad, baked beans, Texas toast, dessert
 - 10/10: fried chicken, salad, green beans, corn, roll, dessert
 - 10/17: lasagna, salad, garlic bread, dessert
 - 10/24: baked chicken, fruit salad, wild rice, baby green limas, corn bread, brownie
 - 10/31: hot dogs & gumbo
- *If you have special dietary needs, let Rusty know and we will have it waiting for you!

OCTOBER 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
7 10:00 am Sunday school 11:00 am Worship 5:00 pm Youth/ Kids/Young Adults	1 5:30 pm Trustees Meeting	2 7:00 am Men's Prayer Group	3 5:15-6:30 pm Dinner 6:30 pm Activities	4 6:30 pm Choir Practice	5	6
14 10:00 am Sunday school 11:00 am Worship 5:00 pm Youth/ Kids/Young Adults	8 6:30 pm Men's Club	9 7:00 am Men's Prayer Group 8:00 am M-Team 10:30 am Sr.	10 5:15-6:30 pm Dinner 6:30 pm Activities	11 12:00 pm Fall Frolic at Fairhaven 6:30 pm Choir Practice	12	13
21 10:00 am Sunday school 11:00 am Worship 5:00 pm Youth/ Kids/Young Adults	15 6:30 pm UMW	16 7:00 am Men's Prayer Group	17 10:00 am UMW 5:15-6:30 pm Dinner 6:30 pm Activities	18 6:30 pm Choir Practice	19	20 Race for the Cure
28 10:00 am Sunday school 11:00 am Worship 12:00 pm Lunch 5:00 pm Youth/ Kids/Young Adults	22	23 7:00 am Men's Prayer Group 10:45 am Ladies-Who-Lunch	24 5:15-6:30 pm Dinner 6:30 pm Activities	25 6:30 pm Choir Practice	26	27
	29	30 7:00 am Men's Prayer Group	31 5:00 pm Trunk-or-Treat			



Return Service Requested

www.CahabaHeightsUMC.org

(205) 967-0470

Birmingham, AL 35243

3139 Cahaba Heights Road

Cahaba Heights United Methodist Church

October Servants

Readers:

10/7: Don Harbison

10/14: Bill White

10/21: Ginger Dismukes

10/27: Brandon Busby

Ushers/Greeters:

10/7: Freddie Huey, Lewis Eberdt

10/14: Bill Maze, Bobby Williams

10/21: Freddie Huey, Bobby

Williams

10/27: Lewis Eberdt, Mike

Mizeraney

Missions Update

This month, CHUMC delivered twenty-six care packages to the VA Hospital. The Missions Committee also sent two boxes of snacks, medicine, and hygiene products to the Fire House Mission. On September 30th, CHUMC members will join close to a thousand other Birmingham residents for Magic City Miracle Day. Thank you for your support of these worthwhile CHUMC missions.

General Announcements

- Bobby and Amy Ruff Bush are proud parents of a baby boy born on September 17th and named Eastin Neal. Eastin weighed 7 lbs., 9 oz. His great-grandmother is Margaret Ruff.
- We welcome baby Avery Holland to our church family and congratulate his parents, J.P. and Tavera Holland, and big siblings Ayla and Aydan. We're glad you're here!

Thank you so much for your generosity and support in the wake of Edith's passing. You are much appreciated.

-Walt Stone and Family